

## SUMMARY OF HWIS COVID-19 PROTOCOLS

### February 27, 2022

<b>Situation</b>	<b>School Policy</b>	<b>Can Return to School -</b>	<b>Comments</b>
<p><b>Child has allergy symptoms</b> (runny nose, sneezing, itchy eyes, etc.)</p>	<p>If the child has documented seasonal allergies and does not exhibit other COVID-19 symptoms like shortness of breath, fever, loss of taste or sense of smell, etc., the child can remain in school. If other COVID-19 symptoms are present or if the child does not have documented seasonal allergies, the child should not be in school and should get PCR tested.</p>	<p>Immediately if allergy symptoms have been documented. OR With a negative PCR test if exhibiting COVID-19 symptoms.</p>	<p>The allergy must be documented either with a note from the doctor stating that the child has seasonal allergies or on the health form in the child's file at school signed by a doctor.</p>
<p><b>Positive COVID-19 case (regardless of vaccination status)- if PreK through 1<sup>st</sup> Grade</b> <b>Updated</b></p>	<p>Isolate for 10 days from onset of symptoms or date of positive test if asymptomatic (these dates are Day 0).</p>	<p>After 10-day isolation (no test required) as long as- -Fever free for 24 hours without using fever reducing medication, and -No symptoms or improving symptoms In all cases, monitor symptoms for 4 additional days.</p>	<p>See quarantine guidance below. Exempt from testing for 90 days.</p>



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<p><b>Positive COVID-19 case (regardless of vaccination status)- if 2<sup>nd</sup> Grade or older</b> <b>Updated</b></p>	<p>Isolate for 5 days from onset of symptoms or date of positive test if asymptomatic (these are Day 0).</p>	<p>After 5-day isolation (no test required) as long as-</p> <ul style="list-style-type: none"><li>-<b>Does not remove mask in school or outside on school grounds for Days 6-10.</b> Must snack/eat lunch separately from everyone else.</li><li>-Fever free for 24 hours without using fever reducing medication, and</li><li>-No symptoms</li><li>-If symptomatic, restart 5-day quarantine from start of symptoms.</li></ul>	<p>See quarantine guidance below.</p> <p>If you were asymptomatic, and symptoms develop within one week of the positive test, the 5-day isolation period starts over with day 0 being the first day of symptoms.</p>
<p><b>Primary contact (that is, close contact*) of positive COVID-19 case or of someone suspected of having the virus due to COVID-19 symptoms</b> <i>*Within 6 feet for 15 minutes over a 24-hour period</i> <b>Updated</b></p>	<p>Suspected COVID-19 case should test ASAP and return to school with negative test.</p> <p><u>A. If not fully vaccinated (Note 1):</u> Close contact should quarantine for 5 days from date of exposure if suspected case is positive or has not been tested.</p> <p><u>B. If fully vaccinated (Note 1) and NOT living in same household as positive case or recovered from laboratory confirmed COVID-19 within the past 90 days and are asymptomatic, test on Day 5 after exposure but no quarantine is required.</u></p>	<p>After 5-day quarantine as long as-</p> <ul style="list-style-type: none"><li>-Fever free for 24 hours without using fever reducing medication, and</li><li>-No symptoms or improving symptoms</li></ul> <p>OR if suspected positive case tests negative.</p> <p>-Negative test*</p> <p>Immediately but exclude if test is positive*</p>	<p>-Of all the COVID-19 symptoms, the following are considered the most likely to indicate COVID-19: Fever, shortness of Breath, loss of taste or sense of smell, cough</p> <p>-COVID-19 typically presents itself in children as a bad cold or case of the flu, though.</p>

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	<p>C. If fully vaccinated and <u>symptomatic</u>, get tested</p> <p><b>Note: If symptomatic, one negative self-test is NOT sufficient to rule out Covid.</b></p>	<p>Depends on result of test*</p> <p>*If <u>symptomatic and using self-tests</u>, must have <u>two</u> negative tests taken not less than 24 hours apart.</p>	<p>Only applies if self-testing.</p>
<p><b>Secondary Contact (close contact of a primary contact)</b></p>	<p>No quarantine or testing is required if asymptomatic. If the child displays COVID-19 symptoms they should not go to school but instead get a PCR test.</p>	<p>With negative PCR test if symptomatic.</p>	<p>-If primary contact tests positive, secondary contacts become primary contacts and need to follow quarantine guidance above for “close contacts”</p>
<p><b>HWIS family member tests positive but has child or sibling in our school</b></p> <p><b>Updated</b></p>	<p>If child is <u>unvaccinated</u>: Positive family member isolates for 5 or 10 days (depending on age) but child, who becomes a close contact, must quarantine for that period plus an additional 5-10 days depending on age.</p> <p>If child is <u>vaccinated</u>: If in continuous close contact with positive case, quarantine for 5 days and then test on Day 5</p>	<p>See guidance above for positive or close contact cases.</p> <p>With negative test.</p>	<p>Additional quarantine required since positive person could be infectious throughout their isolation and it is not realistic to expect family members to be able to isolate from each other. So close contact’s quarantine must begin at end of the positive family member’s isolation period.</p> <p>This is to avoid breakthrough infections (which we’ve seen several times in this situation)</p>

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<p><b>Domestic travel (Note 2) outside the "local area"</b></p> <p><b>Updated</b></p>	<p><u>If not fully vaccinated:</u></p> <ul style="list-style-type: none"> <li>● Get tested 1-3 days before the trip</li> <li>● Get a second test 3-5 days after travel, and</li> <li>● Stay home and self-quarantine for 5 days after travel (even if test is negative).</li> </ul> <p><u>If fully vaccinated or recovered from laboratory confirmed COVID-19 within the past 90 days, and asymptomatic, test but no quarantine is required.</u></p>	<p>After quarantine period as long as-</p> <ul style="list-style-type: none"> <li>-Fever free for 24 hours without using fever reducing medication, and</li> <li>- No other Covid-19 symptoms</li> </ul> <p>Immediately with negative test.</p>	<p>-School follows CDC recommended travel guidelines.</p> <p>-Local area for NY = Contiguous states to NY state</p> <p>-Local area for NJ = New York, Delaware and Pennsylvania</p>

Notes:

1. Fully vaccinated means at least 2 weeks have passed since receiving the final dose of your vaccine.
2. For International travel, check the CDC website and contact the school for guidance.
3. In the table above "tests" refers to viral (rapid or PCR) tests.

Quarantine Guidance

The requirements to safely quarantine include:

- The individual must not be in public or otherwise leave the quarters that they have identified for their quarantine.
- The individual must be situated in separate quarters with a separate bathroom facility for each family group. Access to a sink with soap, water, and paper towels is necessary. Cleaning supplies (e.g., household cleaning wipes, bleach) must be provided in any shared bathroom.

- The individual must have a way to self-quarantine from household members as soon as a fever or other symptoms develop, in a separate room(s) with a separate door. Given that an exposed person might become ill while sleeping, the exposed person must sleep in a separate bedroom from household members.
- Food must be delivered to the person's quarters.
- Quarters must have a supply of face masks for individuals to put on if they become symptomatic.
- Garbage must be bagged and left outside for routine pick up. Special handling is not required.
- A system for temperature and symptom monitoring must be implemented to provide assessment in-place for the quarantined persons in their separate quarters.
- Nearby medical facilities must be notified, if the individual begins to experience more than mild symptoms and may require medical assistance.
- The quarters must be secure against unauthorized access.

## Appendix

### Regulatory Structure that applies to HWIS in the case of Health Policy

